

3.1 New Pages - Porcelain Veneers

Porcelain Veneers London

- Minimally invasive
- Little tooth prep
- The tooth shape remains intact
- Costs from £1,150

Our talented team of smile designers, technicians and veneer dentists will work with you from your first consultation to your fitting appointments to create a natural-looking smile that suits you and meets your expectations. With meticulous attention to detail, we will tweak and perfect the smile's shape, colour, texture and position at each stage of the process so you can leave our clinic with a smile you love.

Your veneer dentist

- Highly recognised by the GDC, BACD and BDA
- CQC-registered London cosmetic practice
- Restored over 20,000 teeth using veneers

At Cap City Dental, incredible cosmetic dentist Dr Druttman has dedicated his entire career to placing porcelain veneers, and his miraculous results have earned him a credible reputation within the industry for correcting uneven, discoloured and generally mishappen teeth.

Working only with porcelain veneer brands that leave the tooth shape intact, Dr Druttman opts for very thin porcelain veneers that, due to their size, require very little tooth preparation, keeping much of the underlying tooth intact and untouched.

Choosing Dr Druttman not only lends you his expertise but also his artful eye for designing smiles that suit your face and your wishes. An expert in smile makeovers, practising in London for over 25 years, Dr Druttman is one of the most skilled veneer dentists in the city.

The cost of veneers

The price of veneers can vary, depending on the type or brand you choose, for example, whether Ultrathin, Durathin, Lumineers, Emax or conventional porcelain. As an estimate, you can expect each veneer unit at our London practice to cost between £1,150 and £1,350.

A full quote will be given to you during a consultation after we assess your smile and needs. Financing options can also be discussed.

The new type of veneers

- Porcelain veneer thickness ranges from 0.2mm to 0.5mm



- Thin veneers that do not compromise your existing teeth

While porcelain veneer is a permanent dental procedure - it's not the horror you might have seen online, where teeth are filed down to stubs.

Advancements in cosmetic dentistry and technology mean that our cosmetic dentists implement certain techniques that allow for a better veneer placement without causing extensive damage to the underlying natural tooth.

Using certain brands of porcelain veneers like Emax, we can makeover your smile without removing any enamel at all. The only situation where the tooth structure is filed down is to place dental crowns - porcelain veneers, on the other hand, are glued to the front surface of teeth and need this underlying structure to be secure.

Smile problems veneers treat

Veneers are notoriously known for correcting various cosmetic problems, from chips and cracks to gaps and uneven tooth shapes. Whether you need to straighten your smile or make it appear whiter, veneers might be the treatment you need to improve your smile in two appointments and keep it looking good for up to 15 years.

- Chipped damage or broken teeth
- Stained, discoloured or dark teeth
- Uneven, crooked, short or worn teeth
- Decayed teeth or sensitive teeth

Build on the smile you have, or design a brand new one

Porcelain veneers can be used for single or multiple applications. At our practice in London, our cosmetic goal is always to create a natural-looking smile. As veneers are versatile, we may not recommend placing more than one if it's unnecessary to achieve balance and harmony.

Our cosmetic dentists will only recommend fitting a complete set of veneers when there are legitimate cosmetic reasons. For example, we often combine veneers with other cosmetic procedures to address more minor aesthetic concerns that might not require a full veneer but rather a bit of bonding.

When a full mouth of veneers is not needed, matching veneers to your current teeth is never a problem. As cosmetic dentists who have committed their careers to veneers, we have decades of experience and practice flawlessly blending porcelain veneers in with the rest of your smile.

How many veneers will you need:

Each case is unique - some might have one veneer, whereas others might have a full mouth, to give you an indication, we've included some popular numbers below:

1. Full mouth - between 10-12 veneers



2. Visible smile - between 4-8 veneers (typically six)
3. Single applications - between 1-4 veneers

3.2 New Pages - Composite Veneers

Composite or “Immediate Veneers” in London

Simple Same-Day Procedure

- No drilling
- No injections
- No tooth cutting

Composite veneers cover the entire tooth, fixing smile imperfections like gaps and creating instead a white, more even and symmetrical smile that requires no tooth preparation or enamel removal. And while the veneer technique might sound like an immediate winner, you should consider some key facts beforehand.

What are composite veneers?

Composite veneers, made from tooth-coloured resin, have the power to do everything porcelain veneers can and are sometimes preferential because they can be placed in just one appointment with no need for a follow-up. Directly sculpted onto the tooth, composite veneers take just a few hours to place, hence the name immediate veneers. Plus, they only cost from £250 per tooth.

Composite veneers provide a sleek and flawless finish without compromising the tooth’s structure or commitment to the permanency of traditional porcelain veneer treatment.

Composite veneers are not a forever solution

While the immediateness of composite veneers is alluring, one perceived downside is how long they last. Patients should expect their treatment to last between 5 and 7 years and be aware that composite resin is more prone to chipping than porcelain. That said, they are easier to repair and renew. Patients can even return to their original smiles should they wish.

If you want more permanent changes to your longer-lasting smile, porcelain veneers would be a better option.

Smile problems composite veneers conceal

- Uneven tooth shapes and sizes
- Slight crookedness and misalignment
- Gaps between teeth and gums
- Staining and discolouration
- A treatment for sensitive teeth
- Chipped and broken teeth

Consider other treatments if you suffer from moderate tooth crowding and crooked teeth as well as gum disease, missing teeth, large gaps between teeth or have less than a quarter of a tooth missing. To be a candidate for composite veneers, you must be over 18 and have had a dental check-up within the last six months.



The cost of composite veneers

Composite veneers are also called “cheap veneers” because they’re the cheapest type available. That said, the price can vary slightly from private practice to private practice, but you should roughly expect prices from £150 to £400. Our central London clinic only charges £250 per tooth for composite veneers.

How many do you need?

The number of composite veneers depends on the state of your teeth and the goals for your future smile. Here at Cap City, we’re experts in creating natural smiles. We will only recommend the number of veneers you need to help you achieve your expectations and bring your smile back into a natural balance and harmony. Full smile makeovers tend to have anywhere from six to twelve composite veneers. But they can be used to treat a few misshapen teeth when we can use other treatments to repair and connect the rest of your smile.

Be done in one appointment

First, book a consultation with us to determine and plan your composite veneer procedure and decide if it’s the right procedure for you. Once you’re ready, we’ll invite you back in, and depending on the number of composite veneers you opt for, we will finish transforming your smile in 1-2 hours.

Composite veneers are an incredible way to transform your smile in just one day. Transform the shape, size and balance immediately and enjoy the results for the next few years.

3.3 New Pages - Cost of Veneers

Veneers Cost from £250 at our London Clinic

Let's get straight to the point - our practice in Liverpool Street charges the following prices:

- From £250 per tooth for composite veneers
- From £1,150 per tooth for porcelain veneers

Dental veneers are unavailable via the NHS, and the price will vary from practice to practice across London, depending on the type of veneer brand used. For example, some porcelain brands like Emax are more expensive than brands like Ultrathin.

Cost of different types and brands of veneer

Different brands offering different benefits can make their veneer price differ slightly. For example, the thinner, more translucent brands are priced higher compared to composite resin types of veneers, which do not last as long and chip more easily.

Porcelain brands and costs

- Ultrathin costs from: £X
- Durathin costs from: £X
- Lumineers cost from: £X
- Emax veneers cost from: £X

Composite costs:

- £250-£350 per tooth depending if they are indirect (made in a lab) or direct (sculpted immediately onto the tooth).

The big difference in cost - composite vs porcelain

While porcelain veneers are three times the price of composite, they are not necessarily better looking. They do however, have other advantages like the fact they last three times as long, or are more difficult to chip, break or fall off.

Porcelain veneers are also more resistant to staining, and each tooth is hand-crafted and made bespoke for your smile. Composite is directly sculpted by the dentist's hand during your appointment, so finding a talented, artistic dentist is a must.

Dental veneers on finance - pay later

- 12-to-60-month plans
- 0% APR the first 12 months



If you have between six and twelve veneers, it might make more sense for you to finance your smile makeover, so you can break up the payments into manageable monthly instalments. However, if the treatment costs upwards of £350, you can even finance one veneer application. Whatever makes sense for you. Deposits optional.

The payment process for veneers

Typically, if, after a consultation, you decide to proceed, you'll be requested to put down an initial 50% deposit. Two appointments later, when placing your final veneers, you'll be requested to pay the remaining 50%, which will be around three weeks later.

Possible additional costs

What most dental practices might tell you is that you might encounter additional costs alongside the placement of your veneers. For example, if you haven't had a check-up in the last six months, you'll likely need one to assess whether you have a healthy, clean foundation for the veneers to be placed.

So, new patient check-up costs and hygienist session costs should also be expected. If there's any decay found in the mouth, or gum disease, other procedures might need to take place to in order to not impact the success of your veneers. [View all fees.](#)

3.4 New Pages - All on 6

All on Six - No More Denture Movement

What is the All on Six concept?

Just like All-on-4, All-on-6 is a fixed prostheses that can support an entire arch of false teeth. The only difference between the two incredible systems, is that All-on-6, uses an additional two implants per jaw to provide extra support in missing teeth cases, where bone loss is high.

Many patients opt for the All-on-Six system to anchor their new prosthetics better so that there's the least degree of movement. Simply put, the more implants you use to secure your prosthetic, the more stable your restoration is.

The procedure

The procedure performed under local anaesthetic, will see the implant surgeon place the dental implants into the jawbone, with some patients paying an additional fee for sedation (typically Intravenous Sedation), if they are particularly nervous. The procedure itself is reported to be pain-free, however, we know that pain is relative, so dental sedation is available for patients, who want to feel utterly relaxed throughout the whole process.

How long do you go without teeth when getting implants?

The advantage of the procedure is that patients can restore their full arch of missing teeth in just one appointment, with a temporary prosthesis that's attached to the dental implants the same day. The permanent restoration is fixed later (typically three months down the line) when the process of osseointegration is complete, and the implants have fully healed and integrated with the jawbone.

How long is the recovery time for All on 6?

The implant surgery is a fast and simple procedure that will typically take around 4 hours. Following this, the patient will recover quickly, with discomfort subsiding within a few days.

However, whilst the exterior of the smile heals quickly, we must wait around three to six months for the dental implants to fuse with the jaw, so during this time, it's important to follow the surgeon's post-operative instructions, like eating soft foods and taking it easy whilst your mouth fully heals.

How long will All on 6 last?

The incredible benefits of dental implants is that they last up to 30 years, which is a lifetime in some patient cases. The second half of your treatment, i.e. the dental prosthesis itself (dentures) will last up to 20 years, making them one of the longest lasting hybrid dentures available in today's dentistry. Dental implants require no special care or maintenance, patients are only recommended to care for their prosthetics the same way they would natural teeth.

Benefits of All on 6:



1. All on Six is perfect for patients with no teeth or little healthy teeth remaining.
2. All on Six over traditional restoration methods has a greater benefit in terms of longevity and durability.
3. Longest lasting restoration, lasting much longer than conventional bridges or dentures.
4. Provide patients with a better, cost-effective, long-term solution to missing teeth.
5. Fully restore a full jaw of missing teeth without the need to replace each individual tooth.
6. Fixed and held securely by implants, which means no slipping or falling out as they don't rely on suction or clasps to stay in place.
7. Palateless - giving a higher quality of life through speech, chewing and eating.

3.5 New Pages - Dental Implant Costs

How much do dental implants cost?

- Available on 0% finance
- 50% upfront, 50% three months later
- Payment plans available

Whilst the cost of dental implants can vary across the UK, especially with many implantologists and private practices pricing their systems differently, sometimes varying on expertise or the types of implant brands they use. That said, as a benchmark patients should always expect dental implants to cost a minimum of £1,900 and a maximum of £2,900.

Patients should also bear in mind that this price does not always include the cost of the abutment or the final restoration, whether it be a crown, denture or bridge.

Our prices

Our London practice charges a total of £2,480 for the dental implant, abutment and crown per implant placement, unless combining treatments like bridgework or dentures. [Click here to see all of our dental implant costs.](#)

Breakdown of all implant costs

Types of dental implants and costs:

- Single dental implants from £2,870
- Multiple dental implants from £5,740
- **Implant-supported bridgework from £2,000**
- **Implant-retained dentures from £5,000**
- **All-on-Four dental implants from £16,000**
- **Mini dental implants from £1,400**

What's included free of charge?

Included in your dental implant fee:

- Your first implant consultation including CBCT scan
- All of your appointments
- Surgery, anaesthetic and aftercare
- X-rays and impressions taken after your consultation
- The final restoration, for example a ceramic crown

Breakdown of all implant associated costs

Additional fees you might need to expect:



- Bone grafts from £X: After a CBCT scan during your consultation, we might find that you have an inadequate amount of bone in the jaw from prolonged tooth loss to withstand a dental implant. For your surgery to be a success, it might be required to first build up bone in the jaw to make you a viable candidate for implant surgery.
- Sinus lifts from £X: If it's found that you have an inadequate amount of bone and require a bone graft to make implants viable, you might not have a large enough area for the grafted bone to be packed into, in this case, we will need to carry out a sinus lift to create room for the new bone.
- Check-up costs from £X: If you've not had a check-up in the last six months, you might first be recommended a general check-up to assess your oral health, to see if there's any signs of decay or disease that might hinder your dental implant's success.
- Hygiene session from £X: A hygiene session might be necessary prior to implantation so that we can ensure we are placing dental implants in a mouth that's free from bacteria and in a healthy state, where conditions like gum disease can not interfere.

*Please note that dental implants are not free, nor are they supplied by the NHS because they are considered cosmetic in nature as they drastically improve a patient's appearance. The NHS will offer dentures and bridges as an alternative.

Are dental implants worth the money?

Considering how great they are, and what they can offer patients with tooth loss, dental implants are great value for money, being the best prosthetic available in today's dentistry. As other traditional tooth replacement devices like dentures or bridges can cause damage to existing teeth and encourage bone loss, dental implants do more than just restore the smile's aesthetics.

For example, dental implants integrate with the jawbone, which prevents the bone in the jaw from shrinking or depleting. When the bone in your jaw begins to recede it does not grow back, which can cause existing teeth to shift out of place or cause them to fall out at a later stage.

Dental implants are also the longest-lasting prosthetic available, which can work out cost-effective in the future for patients needing to replace their dentures or bridgework over their lifetime.

*Remember, as a rule, cheap implants might speak to the brand used, the quality, the longevity or the skill of the implant surgeon placing them.

3.6 New Pages - Implant-Retained Dentures

Snap On Dentures Using Implants

Implant-retained dentures, are similar to All-on-4 in the fact they use only a few implants to replace a full arch of missing teeth. Differing though to the revolutionary All on 4, implant-retained dentures are removable, making them a cheaper alternative that costs from **£4,000**.

Implant-retained dentures explained

Often referred to as clip-on-dentures, implant-retained dentures work the same way as traditional dentures, where they can be removed to clean, but differ in the fact that they are reattached to implants afterwards.

Implant-retained dentures are usually recommended in cases where patients are either experiencing total tooth loss, or have few teeth remaining whether in the upper or lower jaws. The reason that these implant dentures are more cost-effective is because they use fewer dental implants to secure the false teeth in place. For example, up to six implants can be used in the upper denture, or between two and four for the lower arches, or even both arches simultaneously.

How implant-retained dentures work

Dental implants is the only way you can fix fake teeth in place with little degree of movement and without the need to rely on suction, adhesives or metal clasps. Using a titanium screw, a dental implant is embedded deep into the jaw bone, which then grows around the implant, making it one of the most stable and secure solutions. From here, a dental abutment is used to physically retain and connect the implant to the denture, where you'll be able to 'click' your denture in and out of place.

You want dentists who work with missing teeth

Dentist Dr Panceho, has dedicated their dental career to replacing missing teeth with advanced, permanent prosthetics that provide patients with the best long-term solutions. And it's because of this reason, that Dr Panceho is highly successful in edentulous cases, where full arch rehabilitation is required using advanced techniques like All-on-4 or implant-retained dentures.

So, if you're like many of our patients, who want to retain the benefits of using dental implants to replace their missing teeth, but required a more cost-effective choice, then you might want to explore implant-retained dentures as your rehabilitation solution.

Say goodbye to loose, ill-fitting dentures

The beauty of implant-retained dentures is that they do not rely on suction or clasps to stay in place, but are rather secured to dental implants that are fused into the bone in your jaw, which means they don't move and slip around as seen with traditional dentures.



The benefits of implant dentures:

- Dental implants fix dentures in place without the need for denture adhesives, clasps or suction, meaning the dentures are palateless, which also restore taste sensations, improving eating, speaking and chewing.
- Patients experience little degree of movement as the dentures are held securely in place with three or more dental implants, which make them more stable than regular removable dentures.
- In some instances, patients can use their existing denture. However, it will depend on their quality, with newly made dentures being the most recommended to best fit their implants.
- Implant-retained dentures are comfortable, secure and reliable, which means you never have to worry about them falling out mid-conversation or coming loose.

What to bear in mind

Patients should know, however, that with implant-retained dentures, the final prosthetic is not immediately loaded, as seen with procedures like Teeth in a Day (All on 4).

All on 4 implants is the only same day smile solution and technique that uses dental implants to replace a full arch of missing teeth initially with a temporary prosthetic, which is then replaced four or so months later with a permanent hybrid denture. [Learn more.](#)

Whilst implant-retained dentures are a great cost-effective solution to replace missing teeth, patients can still expect some limitations, especially around food, where you'll be allowed to eat a great deal more, but will still be limited in your choice.

As implant-retained dentures are removable devices, patients can still expect a slight degree of movement, which is not comparable to the kind of movement related to conventional dentures - however, it's not perfect. Patients not wanting to compromise on this feature can explore fixed implant dentures instead, like All on 4.

3.7 New Pages - Implant-Supported Bridgework

- Unhappy with your current bridge? Has it come loose?
- Exploring different ways to replace a few missing teeth?
- Need an effective solution that's not too expensive?

Then, you might want to consider implant-supported bridges, which work just like traditional dental bridges, except they're better. Secured by dental implants, implant-supported bridgework is more secure than traditional restorations as they do not rely on your natural teeth to stay in place.

Here at Cap City Dental, with highly experienced implant dentist Dr Pacheco on our team, patients can benefit from advanced technology, which digitally determines the implant angulation and site of implantation to predict and achieve not only the best functional but aesthetic result.

What is an implant-supported bridge?

Implant-supported bridgework provides a solid base for permanent replacement teeth to anchor to without causing any damage to the underlying oral structure.

Implant-supported bridges can replace up three or four missing teeth using just two implants, or to replace individual tooth loss when other neighbouring teeth exist alongside. So, if you have three gaps in a row caused by tooth loss for example, we do not need to replace each individual gap, but rather use two dental implants and bridge the gap in the middle with a crown.

How much do they cost?

When you use implant-supported bridges to replace multiple missing teeth, you can bring down the cost of your treatment as fewer dental implants are used, and less expensive final restorations are made.

Traditional bridges are available via the NHS, but as implant treatments are considered cosmetic due to their great, aesthetic results, they are not offered free via the NHS. The cost of implant-supported bridges at a private clinic like ours in London is from £2,000. [Book a free consultation](#).

Are you suitable?

As experienced restorative dentists, you can trust us when we tell you that there's no better tooth replacement method than dental implants, which is why they're worth the money. To be suitable for this procedure, you need multiple missing teeth in a row and have an adequate amount of bone in the jaw where the implants are planned to be placed.

Without a good build up bone in this area, the chance of your implant failing is higher. During your first, free initial consultation we will assess whether you have enough bone to progress further, or if we need to use pre-prosthetic procedures like bone grafts to rebuild bone lost through tooth loss before continuing. Bone grafts procedures cost from **£450**.



The benefits

- Most natural-looking fake teeth solution
- Improve oral health and restores bite and speech functions
- No other artificial tooth replacement will last as long
- Fixed, permanent result that can last up to 30 years
- Dental implants replace the tooth root without the need of support of adjacent teeth
- As dental implants integrate with the bone in the jaw they promote healthy underlying bone
- Compared to regular bridgework, dental implants do not require otherwise healthy teeth to be filed down
- As no cement is being used like with traditional bridges, the dental bridge is better secured



3.8 New Pages – General Dentistry

General Dentists in Liverpool Street

- All-inclusive practice that employs various dentists
- Preventative treatments to keep gum disease at bay

Our practice is open Monday to Friday, with several incredible dentists who can manage and treat every smile problem. Established in 1998 and based in the heart of Liverpool Street, we have spent the last 25 years delivering high-quality dental care to tens of thousands of patients, which means we know what we're doing when it comes to maintaining and taking care of your smile.

With hundreds of reviews and before and after cases, patients can rest assured their smile is in the best hands when crafting natural-looking results built on stable, healthy foundations with Cap City Dental.

[Book your appointment online today](#)

General treatments

[boxes]

Check-ups from £155

Let's assess the overall health and condition of your teeth and gums by carrying out a comprehensive check that highlights any issues faster and more accurately. [More.](#)

Hygiene appointments from £155

Book a hygiene session to manage gum disease and prevent nasty conditions like decay from spreading. Our hygienists can also boost the whiteness of your teeth with AirFlow. [More.](#)

Fillings from £95

At our practice, we only offer white fillings that are mercury-free and made up of composite, which are minimally invasive and blend much better with existing teeth. [More.](#)

Something not right with your teeth?

Do you feel like something is not right with your smile? Experiencing toothache? Or think you might have a cavity? Don't worry, we've got you covered. With Cap City Dental, you don't need to be a registered patient to receive the treatments that can save your smile. We can even offer same-day appointments for patients in pain and commuter-friendly times to get you back in the office when you need to be there.

If you can't wait for a check-up, explore our emergency dental service costing £180, or pay only for your treatment if you decide to go ahead on the day with us.

Booking your first check-up



Book your first dental check-up with us today for £155. Or if you've had one in the last six months, book a thorough, deep hygiene clean for the same price. Our dental check-ups carry out a six-point check of your oral health, gums and bite as well as assessing the balance and harmony of your smile.

Popular general treatments and costs

- White dental fillings from £95 (mercury-free)
- Dental crowns from £950
- Tooth extraction from £185
- Root canals from £485

1-hour cosmetic booster treatments to enhance your smile

- Composite veneers from £250
- Teeth whitening from £360
- Composite bonding from £95

Very experienced, gentle general dentists

With a team of incredible dentists, we're often able to book patients an appointment the same day of their call to deal with their dental problems quickly and without a fuss.

- Experienced across multiple fields of dentistry from periodontal to restorative.
- Sedation dentistry or gas and air available for nervous patients.
- New private patients welcome. No registration for emergencies.
- Walk-in commuter appointments available daily.
- Same-day, fast cosmetic solutions.
- 4-minutes from Liverpool Street Station and other central London locations.

3.9 New Pages – Dental Implant Procedure

What You Need to Know About The Dental Implant Procedure

The dental implant procedure is relatively simple, and depending on the number of implants you require, will only take a few hours to complete. Reported to be pain-free by many patients, we understand that others might feel nervous to undergo the surgery, and if you're a particularly phobic patient, you can relax knowing that we're licensed to provide sedation dentistry and gas and air to help ease you into the procedure.

Procedure overview

The dental implant procedure carried out under local anaesthetic will see the oral surgeon insert a titanium screw into your jawbone for it to act like an artificial tooth root. Once the screw has been implanted and healed, we'll be able to connect the abutment to it, which will anchor your new replacement teeth on top, whether it be a crown, bridge or denture. A few weeks later, once the site around the gums has healed, we'll be able to attach your final restoration and you'll be ready to live life to the full again.

Dental implant procedure facts

- Where it's done: At a dental practice, like ours.
- Who it's done by: Several professionals, including the implant dentist and oral surgeon.
- How long it takes: Typically, one hour per implant.
- Medications used: Local anaesthesia, antibiotics and IV sedation (optional).
- Success rate: General 90% world-wide – 98.2% at our clinic.

Before surgery

Prior to the procedure you would have had a dental implant consultation, which will consist of a CBCT scan and several x-rays to allow our dentists to accurately plan your implant placement.

The scans are also vital for showing the density of bone, where the implant is to be placed, so we can assess whether there's enough bone to withstand the implant. In some cases, where there has been a breakdown of bone, most caused by tooth loss, we'll have to first carry out a pre-prosthetic procedure called a bone graft to regenerate bone in this area to give your implant a better chance at success.

Preparation for surgery

After your assessment confirms you're in good health and a surgical plan developed, we'll be able to schedule you in for your surgery appointment. Please note, that if you've opted for IV sedation, you must arrange for someone to escort you home afterwards. Before the surgery, please eat a light meal a couple of hours before – however, if you're opting for IV, do not eat anything after midnight the night before the surgery to ensure your stomach is empty.



The procedure itself

In some cases, the implant can be placed, and the crown inserted the same day, or temporarily loaded as is the case with All on 4. However, this is dependent on the type of implant treatment you need. That said, the general implant placement procedure is the same for all. For example, the common procedure is broken into three parts; placing the implant (first day); placing the abutment (three months later), placing the final restoration (few weeks later). In the first phase, the dentist will make an incision in your gums to surgically place the implant into the jawbone, where the missing tooth is located. Once it's been successfully positioned, we will then close the gums over the implant to keep it covered.

Healing stages

Following the procedure, we will need to allow for a period of healing called osseointegration, which will take a minimum of three months for the dental implant to fuse with the jawbone. Allowing for this time means we give the jawbone enough time to grow around the implant to ensure it is strong enough to stay in place.

It's important to bear in mind that each patient heals differently, so it can take up to six months before we can place the final prosthetic, but with some patients it can be done in three, and in other instances, on the same day.

Recovery

You'll recover at home and will be invited in for the second phase of the procedure a few months later after the titanium implant bonds with the bone. You should expect to recover quite quickly with any discomfort subsiding within a few days, commencing back to normal activities within the week.

After the procedure some slight swelling should be expected alongside minor bleeding, with the dentist giving instructions to eat soft foods during this time while you're healing. Over the counter medications like Ibuprofen can also be used to manage any discomfort.



3.10 New Pages - Emergency Dentist

Urgent Dental Care in Central London

- Not registered with us? Don't worry.
- £180 emergency same-day fee. No fee if you pursue treatment with us the same day.
- Out of hours appointment availability.
- Same-day appointments – be seen in 2 hours or less.
- No NHS – private patients only.

Struggling to get an emergency appointment with a dentist in London today? Unable to access an NHS emergency appointment? Don't worry. Here at Cap City Dental, we're set up specifically for emergency appointments and can see patients often within the same hour of their call.

As one of the oldest dentists in Liverpool Street, our CQC-registered practice founded in 1998 has been rescuing patients in pain for the last 25 years. Being one of the most reviewed and highest-rated in the area, there's no one better you can choose for your care.

Emergencies we accept:

- Throbbing tooth pain or toothache
- Throbbing gums and swelling.
- Impacted wisdom teeth and tooth removal.
- Advanced dental decay like infections and pulpitis.
- Chipped, broken, loose, wobbly or missing teeth.
- Broken veneers, crowns or fillings.
- Dental infections and abscesses.

What our emergency dentists can do:

Our emergency dentists have the time and space to not rush through your dental problem, but it assesses it and diagnose it correctly so we can do our best to make sure you never have to experience it again.

We'll never just patch you up and let you go – we're more than just remedial care, we'll provide a long-term solution for you the same-day as your check-up appointment. With our dental staff trained in treating nervous patients, we're also certified in providing gas and air, as well as IV sedation for treatments you might be afraid of.

Treat your dental problem the right way – rely on us to take away the pain.

Symptoms you need an emergency appointment

- Severe or sharp tooth pain.
- Inflamed or throbbing gums.
- Dental abscesses, even if erupted.
- White, brown or black spots appearing on teeth.
- Loose, wobbly or shifting teeth.



- Pain when trying to open the mouth wide.
- Dental trauma or knocked out teeth.

Emergency dentist cost

Our emergency dentists charge a £180 fee for your appointment – however, you won't need to pay this fee, if you decide to pursue treatment with us on the same day. For example, if we find you need a root canal and you're happy for us to go ahead, you'll only be charged for the treatment and not for the appointment, which is something no other London dentist offers.

What's included:

- Remedial treatment
- Medication and antibiotics
- 1 hour appointment with a dentist

Why London patients book our emergency service:

- Our emergency dentists in London are some of the best in their fields
- We treat nervous and phobic patients and are certified to offer IV sedation and gas and air.
- Our central London location means we're in a 10-minute walking distance to several locations like Moorgate, Shoreditch, Aldgate and Liverpool Street.
- Out of hours appointment scheduling possible.
- Early morning appointments, lunchtime appointments and late evening appointments.
- Offer the latest equipment and technology for faster, more accurate and efficient appointments.
- Certain treatments taking no longer than 30-60 minutes.

3.11 New Pages - Composite Bonding

- Chipped or broken teeth?
- Gapped teeth? Teeth different lengths and shapes?
- Uneven, short or worn teeth?

Composite bonding is a magical treatment, which only takes one hour to fix both minor and moderate aesthetic issues for a price practically every patient can afford. Costing just £250 per tooth, composite bonding can give your smile a mini makeover without the need to damage the underlying, natural tooth.

What you need to know about composite bonding:

Composite bonding is fast, inexpensive, easy and uses the best materials.

- How long it lasts: Typically, 5 years.
- How much it costs: £250 per tooth.
- Is it covered by the NHS: No because it's cosmetic.

Also referred to as dental bonding or tooth bonding, composite bonding offers a same-day solution for minor damage or gaps in the teeth. A tooth-coloured composite resin is applied directly to the tooth to change its shape, size or colour. Perfect for chips and repairs.

Why patients love composite bonding:

- Composite bonding takes one appointment.
- Requires no follow-up appointments or special aftercare.
- Is completely minimally invasive, requiring no enamel removal.
- Made to match and blend flawlessly with existing teeth.
- Can achieve miraculous results with very little work.
- Is the cheapest cosmetic solution available to improve your smile.
- The treatment is completely reversible, meaning you do not need to upkeep it if you do not wish to.
- Larger choice between edge bonding or veneers.

The cost of composite bonding

The price of composite bonding is usually from £150 to £250 per tooth. Composite treatments featuring a higher cost are likely to be composite veneers instead, which is just like composite bonding, except that the composite resin covers the entire tooth, rather than just one partial area.

Our London practice charges £250 per tooth for composite bonding, whether you're choosing to have it for gapped teeth, or to smooth the edges of your smile. Using a high-end composite material to correct several dental imperfections, composite bonding is the most cost-effective solution to repair your smile.

Everything composite bonding is used for:



- Correcting of tooth shape and size
- Cracked, chipped and broken teeth repairs
- Restoration of decaying or aged teeth
- Rebuilding worn or small teeth
- Correcting slight tooth misalignment
- Closing gaps between teeth
- Improving the colour of your teeth

Are you and composite bonding the perfect match?

Suitability for composite bonding depends on several factors, like the position and colour of your teeth. But also the goals for your final smile. To be a good candidate, your oral health must be in a generally good condition, with enough enamel to bond the composite to. Patients should also be over the age of 18.

Is composite bonding better than veneers?

In some cases, composite bonding can be the better option. But it truly depends on the goal of your smile and how long you want it to last. For example, porcelain veneers are generally more durable than composites (lasting up to 15 years versus five). If damage occurs, bonds can easily be repaired, whereas on the other hand, porcelain veneers will likely need replacing. If you want to make big changes to your teeth, then it might be easier with porcelain veneers, as composite bonding is to target minor imperfections. Explore veneers.

3.12 New Pages – Aged Teeth

<https://capcitydental.co.uk/aged-teeth>

Linked to page: <https://capcitydental.co.uk/signs-of-ageing-your-teeth> > position #10

Improving the look of aged teeth

As we age, our teeth change. They become darker, discolour, chip and wear. So, what can you do about an ageing smile when it's too late to carry out preventative measures to ensure its ages well? There's plenty of cosmetic issues to improve the look of your smile. Instead of trying to repair cracked teeth, failing restorations, undoing the effects of erosion, or undergoing treatments like root canals, why not explore fast, one-day treatments that can target all of these issues at once, saving yourself time, money and hassle. With cosmetic dentistry, we can make it happen.

Treatments for aged teeth

If you're ready to revamp your smile and keep it looking natural, here's our dental recommended treatments to make it happen:

Veneers

Using dental veneers, we can makeover your smile in just two appointments to look exactly like you want it to. Our cosmetic dentists are artists, who go the extra mile to design and custom-create natural looking smiles either using porcelain or composite veneers.

Tooth Whitening

If you like the shape and size of your smile, but not the colour, we can in just one hour whiten your smile dramatically changing the colour of yellow, dark, brown or even black teeth. We can even replace old crowns that have a dark line at the gum.

Composite Bonding

Composite bonding is the most inexpensive way to correct several minor imperfections in your smile in just one hour. Whether your teeth are chipped, slightly broken or too small, bonding can be used to enhance all of these aspects without damaging the underlying tooth.

Dental Implants

Dental implants are the perfect solution for patients with single or multiple missing teeth or might already be wearing dentures or bridges to fill in the gaps of their smile. Dental implants look, feel and function better, acting more like natural teeth.

Replace old restorations and dentures

Dentures, at one point, were the gold standard for missing teeth dentistry. However, these days, with major technological advancements, missing teeth solutions need not include loose, ill-fitting



dentures. Dentures, though designed to mimic natural teeth, do not always do so perfectly. Replacing dentures with dental implants means you can have a restoration that's fixed (not relying on suction or adhesives) and natural-looking. Plus, you'll be able to eat, chew and speak more freely than you might have been able to do in years.

Book free implant consultation.

Renewing old work

Old, out-of-date dental work needing renewal is one of the biggest indicators of an aged smile. For example, old crowns with dark gum lines can sometimes make the tooth look unhealthy, especially if the tooth is particularly long or narrow. The same can also be said for short teeth, which show excessive wear. Sometimes, removing the signs of ageing from your smile can be as simple as renewing your old restorations with newer, more modern advancements. For example, modern dental crowns that are not fused to metal no longer feature the dark line. Instead, they are purely ceramic and can be ready within an hour.

Signs of an ageing smile

- The shape of teeth, for example, worn, short and small teeth that have begun to wear down after many years of good use.
- Damage like chips and cracks that have happened over time through wear and tear.
- The colour of your smile. For example, it's dull or has yellow-like dentin exposed due to enamel erosion or brushing too hard over the years.
- Gum disease has caused tartar and plaque to build up, causing black triangular pockets between teeth, leading to receding gums and teeth that look too long and narrow.
- Natural changes to your tooth structure, where teeth have shifted out of place or you've experienced tooth loss.

3.13 New Pages – Chipped Tooth

<https://capcitydental.co.uk/chipped-tooth>

Dental techniques for repairing a chipped tooth

Explore bonding, crowns, veneers, and root canals

Repairing a Chipped or Broken Tooth

Tooth chipped off for no reason? Broken in half? Or slightly chipped? We understand from personal experience just how worrying this can be, especially from an aesthetics perspective. But don't worry, our cosmetic dentists can fix a chipped tooth in only an hour at our dental practice in central London. Minimum costs to expect are £250.

Multiple ways to fix a chipped tooth

How we treat your chipped tooth depends on the reason for its break. For example, simple treatments like [fillings](#) can fill in the gaps caused by cracks. In the case of small chips, we can either rebuild and smooth the edges of your chipped tooth with tooth-coloured fillings or contour the teeth and reshape them.

Other inexpensive solutions for small chips include composite bonding and composite veneers. However, in the case of larger breaks, where the tooth has broken in half, we might recommend a [dental crown](#) instead. [Explore veneers](#) as an alternative option.

Costs to repair a chipped tooth

The cost to fix a chipped tooth will depend on the treatment selected, so we've broken down each solution and their costs:

- White fillings from £95
- Tooth contouring from £100
- Composite bonding from £250
- Composite veneers from £350
- Dental crowns from £950
- Porcelain veneers from £1,150

Advice

Cosmetic solutions like bonding and veneers often fix large and small chips in the front tooth. Breaks and chips in the back teeth (a broken cusp) might be better repaired with a crown or filling.

*Dental insurance accepted. Payment plans are possible.

Chipped tooth pain



A chipped or broken tooth is usually not serious, but sometimes, after chipping a tooth, breaks in the tooth enamel expose the nerves and blood vessels in the pulp of your teeth, which causes sensitivity and tooth pain. If you're in pain because of your chipped tooth, book an emergency appointment with us and be seen today. There's no fee for the appointment if you decide to proceed with treatment today.

What happens if your chipped tooth doesn't hurt?

Regardless of whether your chipped tooth hurts, patients are always encouraged to involve a general dentist so they can assess any damage to the tooth, especially when the chip is bigger than a quarter-inch in size. Minor damage to a tooth that's not painful can still put you at risk for developing a tooth infection or other oral health complications, so you must get your tooth looked at as soon as possible.

How to fix a chipped tooth at home

Patients should never risk a chipped tooth. Just like any dental treatment, trying to repair and fix a broken tooth at home is not recommended. Plus, there's little you'll be able to do at home to actually fix the issue. Rather, your focus should be on trying to alleviate any discomfort and protect your mouth before your next dental appointment. Methods like trying to use glue to repair the tooth will only cause you more hassle and put you at risk of swallowing the broken piece when it breaks off again.

3.14 New Pages – Black Tooth

<https://capcitydental.co.uk/black-teeth>

Black Teeth

Is it serious and what should I do?

Black Teeth: Causes, Types and Treatment

Is one tooth suddenly dark? Or several teeth appearing black in colour? Is the discolouration accompanied by pain? Discolouration and black teeth is usually the first sign of a dying tooth, but it can also be a sign of decay, cavities or just simple staining. Book an immediate appointment with our dentists in Liverpool Street to better understand the extent of your problem and what can be done to fix it.

Costs to fix blackened teeth

The cost to fix a chipped tooth will depend on the treatment selected, so we've broken down each solution and their costs:

- [White fillings](#) from £95
- Composite bonding from £250
- Composite veneers from £350
- [Dental crowns](#) from £950
- Porcelain veneers from £1,150
- [Tooth whitening](#) from £360
- [Tooth extraction](#) from £185
- [Root canals](#) from £485

*Dental insurance accepted. Payment plans are possible.

It's best to start with a [dental check-up](#) for us to assess the reason why your tooth has turned black. Check-ups cost from £155.

Can black teeth be saved? Black tooth treatments

We can help all cases of black teeth, whether it's black lines on teeth, black staining, black pockets between teeth, or a dead black tooth. Explore the treatments below, each prescribed to target each issue:

- Black lines: Treated with composite bonding.
- Black dead tooth: Possibly treated with tooth whitening.
- Decayed teeth: Removal of the decayed portion of the tooth with a root canal.
- Advanced decay: Recover the tooth with a dental crown or, in worst-case scenarios, a tooth extraction.
- Discoloured teeth: A dental veneer is ideal for hiding and concealing discolouration.



What causes your teeth to turn black?

The underlying cause of black teeth always seems to point back to dental decay.

Underlying decay and cavities start off as black spots, but in other instances, certain foods and drinks can leave behind a black pigment causing the teeth to discolour.

So, if it's an external staining issue, the problem is easily fixed. When it comes to an internal problem, we'll have to treat the decay first and likely provide you with a cosmetic solution to conceal black teeth for good.

Is a black tooth serious?

When not caused by staining, a black tooth is a warning sign that decay is overtaking your tooth and rotting from the inside out. It's important to involve a dental professional as early as possible so every effort can be made to save your tooth and help prevent it from requiring extraction. The most serious cases of black tooth can be fixed with the right treatment, but treatment must be sought before the point of no return is reached. Ignoring the problem will only make the decomposition get worse, making your tooth weak, brittle and likely to break apart.

Types of black teeth

- **One black tooth** usually indicates advanced decay, where an infection has spread to the pulp of your tooth, killing the nerves and causing it to turn black. A black tooth usually signifies that a tooth has died. A root canal or dental crown might be likely your best next step.
- **A black patch** on the tooth usually points to a cavity or growing tooth decay. As the cavity forms due to plaque build-up, the tooth's surface erodes, exposing the tooth's enamel.
- **Black lines** on teeth caused by a buildup of food debris cavities and poor oral hygiene can cause black lines to form on tooth fissures or at the top of the gum line. A good clean should get rid of this problem.
- **Black tartar** on teeth - calculus a black substance on teeth, will not go away without professional assistance and deep hygiene cleans.
- **Back triangle teeth** are caused by gum disease, where the gums have begun to recede, causing black pockets to form. Hygiene sessions and treatment with a periodontist should be able to prevent and treat this problem - alongside some cosmetic treatments to close the gaps.
- **Black stains** on teeth from underlying decay or cavities can easily be treated with cleans and whitening.

3.15 New Pages – Receding Gums

<https://capcitydental.co.uk/receding-gums>

Receding Gums

Can you fix receding gums?

Receding Gums: Causes & Lasting Treatments

Gums pulling away from your teeth? Teeth appearing longer as a result with black pockets forming in between? It's time to act. Rebuilding the gums naturally with at-home methods is only going to waste time. Active gum disease that's not correctly managed will cause the gum recession to get worse, at-home methods will not rebuild your gums. They don't grow back, so professional intervention is crucial for avoiding tooth loss and further recession.

What causes gums to recede?

Other than ageing and brushing too hard, poor oral health and gum disease is the leading cause of gum recession. If you've progressed past the gingivitis stage of gum disease, curing the problem is not possible, but managing and preventing consequences like gum recession and tooth loss is. Good oral hygiene needs to become a habit alongside regular hygiene sessions and the involvement of a periodontist.

Common receding gum symptoms

- Bleeding gums after brushing and flossing
- Pain at the gum line and gaps between teeth
- Visibly shrinking gums and exposed tooth roots
- Loose teeth (movement more than 1mm)

Should I worry about receding gums?

Without causing too much alarm, gum recession should give you cause to be concerned. Once gums start to recede, they cannot grow back, and simply, it cannot be reversed.

While we can cosmetically improve the look of the teeth and gums, we will focus on preventing the recession from worsening.

The sooner you see a dentist, the better - and if you're in a late stage of gum recession, it's recommended to seek a periodontist, a specialist in this area.

Receding gums stages

1. Gingivitis is the beginning of gum inflammation, where gums are sore, swollen and tender, and look pinker and puffier than usual.
2. Early periodontitis - gum inflammation that leads to deep pockets between teeth and gums. Pain when brushing and flossing alongside bad breath and tooth sensitivity.



3. Moderate periodontitis - bacteria spreads below the gum line, causing damage to the bone and tissue holding teeth. Gums become sore, and swollen gums produce foul-tasting discharge.
4. Severe periodontitis - teeth appear longer, are loose, and begin to move as gums cannot keep them firmly in place. Increased risk of tooth loss.
5. Advanced periodontitis - if you've reached this stage, you've likely lost some teeth, with the remaining teeth being loose. Bone loss is common.

Treatments to fight gum recession

Gum surgery, called open flap scaling and planing, is often recommended when non-surgical treatment hasn't worked and deep cleaning is not enough. The affected gum tissue is folded back to gain better access to clean and smooth the tooth roots.

Laser gum surgery is another avenue we can explore to remove diseased and inflamed gum tissue from the pocket and is known as a cutting-edge procedure to treat gum disease effectively.

Aesthetic fixes, like gum veneers, can be used to hide a large portion of gum tissue and composite bonding to close gaps and reduce sensitivity.

How to stop receding gums from getting worse

You can stop receding gums from worsening at home by increasing your oral hygiene care and being careful not to brush too hard. Make sure to floss after every meal, and using a medicated periodontal mouthwash can also be handy.

Also, schedule regular deep cleaning and hygienist sessions to ensure your teeth are clean in the areas you cannot reach or manage at home.

Working with a periodontist will also be essential for managing your gum disease and preventing it from progressing into more advanced forms of the disease.